

PWSL 2010 Week4 - 7/10/2010**PWSL 2010 Week4****Results - Session 1****Event 66 Boys 15-18 200 SC Meter Freestyle Relay**

	Team	Relay	Seed Time	Finals Time
1	1-1 Sudley Swim Team	A	NT	1:48.07
	1) Smith, Matthew 17	2) Hughes, Michael 18	3) Basinger, David 16	4) Wittenauer, Chase 18
2	1-2 Piedmont Tsunamis	A	NT	1:51.54
	1) Whitticar, Ford 16	2) Chapman, Zachary 15	3) Haupt, Connor 16	4) Tremols, Nicholas 18
3	1-3 Dominion Valley Sharks	A	NT	1:51.87
	1) Mathis, Nick 17	2) Ross, Alexander 17	3) Hoepker, Jason 17	4) Dooley, Kenta 17
4	1-4 Lake Ridge Lancers Swim	A	NT	1:51.95
	1) McDonald, Alex 18	2) Parker, Jonathan 18	3) Jaeger, Marck 18	4) Kem, Thokeina 17
5	1-5 Ben Lomond Flying Duck	A	NT	1:52.53
	1) Hoffman, Nicholas 16	2) Hoffman, Alexander 16	3) Utt, Daniel 16	4) Crabb, James 17
6	1-6 Virginia Oaks Sea Devils	A	NT	1:53.07
	1) Lee, Kevin 17	2) Rooney, Kevin 18	3) Lerch, Robert 17	4) Sprague, Matt 18
7	1-7 Victory Lakes Piranhas	A	NT	1:54.05
	1) Dombroski, Jacob 18	2) Worrick, Joseph 15	3) Barone, Jacob 17	4) Blakely, Steven 16
8	1-8 Meadowbrook Makos	A	NT	1:55.38
	1) Gambarani, Sean 16	2) Koob, Eric 17	3) Heil, Philip 17	4) Heckman, Trevor 16
9	1-9 Stonewall Park Swim Tea	A	NT	1:56.98
	1) Teller, William 15	2) Kerber, Sam 15	3) Ameen, Thomas 18	4) Yeung, Matthew 18
10	1-10 Ashland Stingrays	A	NT	1:58.25
	1) Guzik, Ryan 17	2) Raley, Vaughn 16	3) Swanson, Patrick 16	4) Hughes, Ryan 16
11	1-11 Wellington Swim Team	A	NT	2:00.07
	1) Hayes, Dylan 18	2) Poplawski, Seth 15	3) Mustafa, Ameen 17	4) Fadeyev, Ivan 15
12	1-12 Braemar Blasters	A	NT	2:00.53
	1) Kania, Nathan 17	2) Fleshman, Samuel 15	3) Brant, Elliot 15	4) Cumberland, Benjamin 16
13	1-13 Veterans Park Swim Tea	A	NT	2:00.75
	1) Lourenzo, Christopher 17	2) Lourenzo, Matthew 16	3) Fotheringham, Aaron 15	4) Schwalm, Connor 18
14	1-14 Dale City Swim Team	A	NT	2:07.93
	1) Foster, Connor 17	2) Downey, William 16	3) Dorego, Aaron 15	4) Arana, Cesar 17

Event 67 Girls 15-18 200 SC Meter Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	1-1 Dale City Swim Team	A	NT	2:01.74
	1) Hood, Taylor 15	2) Claybrooks, Carolyn 18	3) Hummer, Lily 16	4) Harper, Shannon 15
2	1-2 Wellington Swim Team	A	NT	2:01.75
	1) Lesniewski, Susie 18	2) Pettigrew, Lexi 18	3) Poplawski, Danielle 17	4) Souther, Christine 15
3	1-3 Lake Ridge Lancers Swim	A	NT	2:07.01
	1) Young, Carmen 17	2) Mazzocoli, Christianna 16	3) Jaeger, Michelle 15	4) Donohoe, Lauren 16
4	1-4 Piedmont Tsunamis	A	NT	2:07.96
	1) Tremols, Nina 15	2) Kennedy, Allison 16	3) Wiggins, Monica 17	4) Zell, Casey 18
5	1-5 Ashland Stingrays	A	NT	2:08.87
	1) Leong, Samantha 15	2) Moore, Julia 16	3) Ross, Halley 15	4) Murphy, Briana 17
6	1-6 Victory Lakes Piranhas	A	NT	2:10.58
	1) VanBuskirk, Erin 18	2) Bobenmoyer, Aundrea 16	3) VanBuskirk, Carrie 16	4) Pfannenstien, Alyssa 16
7	1-7 Virginia Oaks Sea Devils	A	NT	2:12.37
	1) Criscuolo, Holly 16	2) Smith, Addison 17	3) Rooney, Erin 18	4) Bolton, Stephanie 16
8	1-8 Stonewall Park Swim Tea	A	NT	2:12.63
	1) Teller, Grace 18	2) Clark, Michelle 17	3) Hazen, Catherine 16	4) Haynes, Nicole 17
9	1-9 Braemar Blasters	A	NT	2:13.66
	1) Romine, Hannah 15	2) Robertson, Abigail 16	3) Cash, Blake 17	4) Tansill, Kara 16
10	1-10 Sudley Swim Team	A	NT	2:14.29
	1) Storey, Elizabeth 17	2) Schinnerer, Brandi 18	3) Blanchard, Sarah 15	4) Boyle, Erica 17

PWSL 2010 Week4 - 7/10/2010**PWSL 2010 Week4****Results - Session 1****(Event 67 Girls 15-18 200 SC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
11 1-11 Meadowbrook Makos	A	NT	2:15.47
1) Sterling, Lindsay 15	2) Gehr, Kelsey 17	3) Rouffa, Alycia 16	4) Lund, Rachel 18
12 1-12 Dominion Valley Sharks	A	NT	2:16.27
1) Field, Ellen 15	2) Mugnolo, Lydia 15	3) Beich, Allison 16	4) Kamalanathan, Kashne 16
13 1-13 Veterans Park Swim Tea	A	NT	2:20.78
1) Bellinger, Rebecca 16	2) Heggenstaller, Julia 15	3) Hoffman, Colleen 15	4) Erickson, Melanie 17
14 1-14 Ben Lomond Flying Duc	A	NT	2:23.12
1) Bhat, Rucha 15	2) Taylor, Erin 17	3) Layne, Jessica 18	4) Bennett, Lucy 15

Event 1 Mixed 8 & Under 100 SC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Victory Lakes Piranhas	A	NT	1:37.01
1) Horn, Matthew M8	2) McCuller, Corum M8	3) Yowell, Sarah W8	4) Banachoski, Emmary W8
2 1-2 Dominion Valley Sharks	A	NT	1:37.70
1) Kraemer, Amanda W8	2) Ohara, Saige W8	3) Donohoe, Ashley W8	4) Maraska, Joseph M8
3 1-3 Sudley Swim Team	A	NT	1:39.77
1) Fritsch, Grayson M8	2) Smith, Ashley W7	3) Bergeron, Annabel W8	4) Craft, Sydney W6
4 1-4 Ashland Stingrays	A	NT	1:39.88
1) Clatterbuck, Ryan M8	2) Koehler, Jackson M8	3) Diaz, Thomas M8	4) Reed, Evan M7
5 1-5 Braemar Blasters	A	NT	1:40.08
1) Santee, Olivia W8	2) Gannon, Connor M7	3) Davisson, Erin W8	4) Bianchi, Sophia W8
6 1-6 Lake Ridge Lancers Swir	A	NT	1:41.35
1) Clark, Christopher M7	2) McAllum, Chase M8	3) Messier, Jackie W8	4) Mazzoccoli, Joe M8
7 1-7 Virginia Oaks Sea Devils	A	NT	1:42.25
1) Sagle, Mikayla W8	2) Duncan, Cassidy W7	3) Burdette, Cade M8	4) Capannelli, Nicholas M8
8 1-8 Meadowbrook Makos	A	NT	1:46.52
1) Smith, Jason M8	2) Cudahy, Aidan-Claire W8	3) Rouffa, Jared M8	4) Beckett, Jade W8
9 1-9 Dale City Swim Team	A	NT	1:50.89
1) Cordova, Jailine W8	2) Pappas, Zoe W8	3) May, Julia W8	4) Long, Corey M8
10 1-10 Stonewall Park Swim Te	A	NT	1:50.98
1) Powell, IvyLynn W8	2) Skaggs, Laura W8	3) Huynh, George M7	4) Wickstrom, Mason M8
11 1-11 Wellington Swim Team	A	NT	1:55.65
1) Krebs, Hannah W8	2) Schreiber, Justin M8	3) Hatton, Hannah W8	4) Massey, Hugh M7
12 1-12 Piedmont Tsunamis	A	NT	1:56.03
1) Patchan, Sophia W8	2) Nelson, Cory M7	3) Phillips, Grace W6	4) Ceol, Christian M8
13 1-13 Ben Lomond Flying Duc	A	NT	2:02.37
1) Deshpande, Pulak M6	2) Ramirez, Clarence M7	3) Brown, Troy M8	4) Scott, Spencer M8
14 1-14 Veterans Park Swim Tea	A	NT	2:24.69
1) McMurtrey, Connor M8	2) Soderquist, Glen M8	3) Zentner, Maggie W8	4) Harper, Britney W7

Event 2 Boys 9-10 100 SC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Piedmont Tsunamis	A	NT	1:20.55
1) Finan, Garrett 10	2) Porter, Ethan 10	3) DeVore, Luke 9	4) Yates, Grant 10
2 1-2 Lake Ridge Lancers Swir	A	NT	1:22.32
1) Laird, Daniel 10	2) DeLeoz, Joshua 10	3) Zambrano, Tristan 10	4) Shepard, Corey 10
3 1-3 Sudley Swim Team	A	NT	1:22.59
1) Nowak, Matthew 9	2) Smith, Cameron 10	3) Butler, Steven 9	4) Harnish, Brian 10
4 1-4 Braemar Blasters	A	NT	1:23.24
1) Lyman, Andrew 10	2) Lyman, Matthew 10	3) Bacon, Austin 10	4) Gregory, Justin 10
5 1-5 Victory Lakes Piranhas	A	NT	1:23.74
1) Savalgi, Rohit 9	2) Warcholik, Nathaniel 10	3) Vickery, Joshua 10	4) Wittlinger, Dominic 10

PWSL 2010 Week4 - 7/10/2010**PWSL 2010 Week4****Results - Session 1****(Event 2 Boys 9-10 100 SC Meter Medley Relay)**

Team	Relay	Seed Time	Finals Time
6 1-6 Meadowbrook Makos	A	NT	1:27.64
1) Peterson, Ronald 10	2) Baumstark, Jimmy 10	3) Derderian, Max 10	4) Bellamy, Clayton 10
7 1-7 Ashland Stingrays	A	NT	1:28.82
1) Tsakounis, Zach 10	2) Frigo, Andrew 10	3) Diaz, Peter 10	4) Koehler, Austin 9
8 1-8 Ben Lomond Flying Duck	A	NT	1:30.00
1) Moya, Nathan 10	2) Thies, Evan 9	3) Bowman, Collin 10	4) Peters, Jonathan 10
9 1-9 Virginia Oaks Sea Devils	A	NT	1:31.06
1) Wong, Daniel 9	2) Kugler, Ryan 10	3) Corrado, Biaggio 9	4) Schafer, David 10
10 1-10 Dominion Valley Sharks	A	NT	1:31.75
1) Hetzer, Conner 10	2) Scheidt, Nathan 10	3) Romans, Bo 10	4) Maraska, Andrew 10
11 1-11 Wellington Swim Team	A	NT	1:37.25
1) Salazar, Alex 10	2) Shoeb, Ryan 10	3) Obrien, John 9	4) Lackas, Adam 9
12 1-12 Stonewall Park Swim Te	A	NT	1:37.35
1) Byrom, Robert 10	2) Lindsay, Michael 9	3) Schultz, Robert 10	4) Phipps, Nathan 9
13 1-13 Dale City Swim Team	A	NT	1:41.47
1) Downey, Thomas 10	2) Hummer, Michael 9	3) Medellin, Brandon 10	4) Free, Justin 9
14 1-14 Veterans Park Swim Tea	A	NT	1:57.56
1) Hill, Derick 9	2) Cruz, Eric 10	3) Horton, Tre 9	4) Moore, Justin 10

Event 3 Girls 9-10 100 SC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Victory Lakes Piranhas	A	NT	1:21.54
1) Welch, Taylor 10	2) Souther, Michelle 10	3) Banachoski, Chloe 10	4) Moore, Caitlyn 9
2 1-2 Dominion Valley Sharks	A	NT	1:22.08
1) Hetzer, Emily 10	2) Fricke, Grace 10	3) Lawless, Megan 10	4) Nash, Savannah 9
3 1-3 Sudley Swim Team	A	NT	1:22.41
1) Caracciolo, Mia 10	2) Kurst, Molly 9	3) White, Elaine 10	4) Sherrill, Melanie 10
4 1-4 Meadowbrook Makos	A	NT	1:23.36
1) Healey, Elizabeth 10	2) Sterling, Emily 10	3) Townsend, Samantha 9	4) Vaccaro, Julia 9
5 1-5 Braemar Blasters	A	NT	1:23.66
1) Roloff, Megan 9	2) Maranto, Molly 10	3) Murphy, Brianna 9	4) Dunaway, Cicely 10
6 1-6 Wellington Swim Team	A	NT	1:26.63
1) Quinn, Erin 9	2) Holm, Alexis 9	3) Shoeb, Elaine 10	4) May, Keona 9
7 1-7 Piedmont Tsunamis	A	NT	1:28.08
1) Segura, Alex 10	2) Whitaker, Elle 9	3) Goerl, Emma 9	4) Elliott, Sara 10
8 1-8 Ashland Stingrays	A	NT	1:31.93
1) Carney, Katy 10	2) Randolph, Hanna 10	3) Christie, Lexi 9	4) Klingaman, Emily 10
9 1-9 Lake Ridge Lancers Swir	A	NT	1:32.25
1) Ross, Emilie 10	2) Rackham, Sarah 10	3) Sheehy, Grace 9	4) Nicolai, Grace 10
10 1-10 Dale City Swim Team	A	NT	1:34.59
1) Hunter, Aleana 10	2) Corbus, Hannah 9	3) Czajkowski, Sydney 10	4) Harper, Kaylee 9
11 1-11 Virginia Oaks Sea Devil:	A	NT	1:36.97
1) Tate, Sarah 10	2) Candland, Lauren 10	3) Daves, Megan 10	4) Kerns, MacKenzie 9
12 1-12 Veterans Park Swim Tea	A	NT	1:51.05
1) Logsdon, Blakely 9	2) Carroll, Keagan 9	3) Freeze, Amy 10	4) Moore, Kayla 9
13 1-13 Stonewall Park Swim Te	A	NT	1:55.06
1) Natour, Juliana 10	2) Dixon, Katie 10	3) Wickstrom, Kylie Ann 10	4) Mason, Kaylee 9

Event 4 Boys 11-12 100 SC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Sudley Swim Team	A	NT	1:10.59
1) Sherrill, Bobby 11	2) Notarantonio, Anthony 12	3) Pomajevich, Sam 11	4) McCoy, Bradley 12

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Team	Relay	Seed Time	Finals Time
2 1-2 Braemar Blasters	A	NT	1:11.72
1) Cumberland, William 11	2) George, Alexander 11	3) Morrill, Coulter 12	4) Murphy, Brendan 11
3 1-3 Meadowbrook Makos	A	NT	1:12.87
1) Turner, Colin 12	2) Herbert, Hunter 12	3) Healey, Matthew 12	4) Cudahy, Brock 12
4 1-4 Wellington Swim Team	A	NT	1:13.07
1) Marron, Paul 11	2) Donaldson, Matthew 12	3) Whiteree, Wes 11	4) Schreiber, Nicholas 12
5 1-5 Ashland Stingrays	A	NT	1:14.95
1) Yost, Matthew 12	2) Longi, Connor 12	3) Taylor, Jake 12	4) Fisher, Cade 12
6 1-6 Lake Ridge Lancers Swim	A	NT	1:15.36
1) Rackham, Dallin 12	2) Levine, Noah 11	3) Mazzoccoli, Philip 11	4) Messier, Adam 11
7 1-7 Dominion Valley Sharks	A	NT	1:19.07
1) Johnston, Cole 12	2) Buggy, John 12	3) Turnbull, David 12	4) Steenson, M 12
8 1-8 Piedmont Tsunamis	A	NT	1:19.35
1) Brandt, Evan 11	2) Goerl, Brett 12	3) Finan, Austin 12	4) Himes, Jack 11
9 1-9 Victory Lakes Piranhas	A	NT	1:21.63
1) Neal, AJ 11	2) Warcholik, Jacob 12	3) Risko, Ben 12	4) Osinski, Eric 12
10 1-10 Ben Lomond Flying Duc	A	NT	1:25.00
1) Thies, Jason 12	2) Nadal, Miguel 12	3) Bhat, Nihar 12	4) Sutherland, Spencer 11
11 1-11 Dale City Swim Team	A	NT	1:25.43
1) Mullins, Connor 12	2) Mullins, Matthew 12	3) Cheripka, Michael 11	4) Valda, Sebastian 12
12 1-12 Stonewall Park Swim Te	A	NT	1:26.31
1) Zlatev, Daniel 12	2) Dixon, Ben 12	3) Byrom, Christopher 12	4) Springman, Matthew 12
13 1-13 Virginia Oaks Sea Devil:	A	NT	1:26.69
1) Daves, Justin 12	2) Rabdau, Dylan 12	3) Ross, AJ 11	4) Milnes, Zachary 11
14 1-14 Veterans Park Swim Tea	A	NT	1:27.29
1) Hoffman, Brett 11	2) Bellinger, Ryan 12	3) Jeffrey, Sammy 12	4) Cruz, Anthony 11

Event 5 Girls 11-12 100 SC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Victory Lakes Piranhas	A	NT	1:09.87
1) McCarty, Maggie 11	2) Smith, Nicolette 11	3) Wiecki, Lindsay 11	4) Finley, Merilynn 11
2 1-2 Ashland Stingrays	A	NT	1:11.58
1) Clatterbuck, Amber 12	2) Cummins, Ally 12	3) Murphy, Siobhan 12	4) Applegate, Georgia 12
3 1-3 Braemar Blasters	A	NT	1:11.66
1) Brant, Madeleine 11	2) Tansill, Mary Claire 12	3) Romine, Paige 11	4) Bianchi, Kayla 11
4 1-4 Sudley Swim Team	A	NT	1:11.91
1) Rector, Kimberly 11	2) Heim, Emily 12	3) Kurst, Morgan 12	4) Fritsch, Jillian 11
5 1-5 Dominion Valley Sharks	A	NT	1:12.33
1) Mugnolo, Morgan 12	2) Word, Maddie 12	3) Hayward, Reilly 12	4) Hayward, Marli 12
6 1-6 Dale City Swim Team	A	NT	1:12.50
1) Nordberg, Emily 12	2) Kuykendall, Maysa 12	3) McClish, Madison 12	4) Kirnos, Amanda 12
7 1-7 Lake Ridge Lancers Swim	A	NT	1:14.25
1) Ross, Abby 12	2) Vogel, Elisabeth 12	3) Clark, Alexis 11	4) DePetro, Kaleigh 12
8 1-8 Piedmont Tsunamis	A	NT	1:14.30
1) DeVore, Rebecca 12	2) Whitticar, Annabelle 12	3) Tillotson, Katie 12	4) Ceol, Jillian 12
9 1-9 Virginia Oaks Sea Devils	A	NT	1:15.53
1) Kugler, Alexandra 12	2) Muckerman, Claire 12	3) Bolton, Alexa 12	4) Wong, Natalie 11
10 1-10 Meadowbrook Makos	A	NT	1:17.63
1) Tolson, Taylor 11	2) Curry, Riley 11	3) Lowman, Rachel 12	4) Garman, Megan 11
11 1-11 Wellington Swim Team	A	NT	1:19.25
1) Boston, Allison 12	2) Shriver, Rachel 12	3) Massey, MaryBeth 11	4) Jones, Jessie 11
12 1-12 Stonewall Park Swim Te	A	NT	1:26.34
1) Skaggs, Christina 11	2) Sexton, Danielle 12	3) Dixon, Emily 12	4) Bigley, Caroline 11

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Team	Relay	Seed Time	Finals Time
13 1-13 Veterans Park Swim Tea	A	NT	1:33.83
1) Nguyen, Lily 11	2) Wangner, Samantha 12	3) Tellier, Rebecca 12	4) Regazzi, Georgina 12
14 1-14 Ben Lomond Flying Duc	A	NT	1:36.81
1) Gardunia, Ashlyn 11	2) Young, April 12	3) Rojas, Nathalie 11	4) Singh, Meghana 11

Event 6 Boys 13-14 200 SC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Braemar Blasters	A	NT	2:12.25
1) George, Nathaniel 14	2) Maranto, Samuel 14	3) Scott, Thomas 14	4) Cumberland, Luke 13
2 1-2 Sudley Swim Team	A	NT	2:13.84
1) Bergeron, Connor 13	2) Campbell, Henry 13	3) Shaw, Stephen 14	4) Pogue, Kenny 13
3 1-3 Victory Lakes Piranhas	A	NT	2:22.46
1) Smith, Jamie 14	2) McCarty, William 13	3) Lutz, Joshua 14	4) Pfannenstien, Jeffrey 13
4 1-4 Dale City Swim Team	A	NT	2:22.62
1) Barbery, Brandon 13	2) Kuykendall, Shaka 14	3) Jordan, Kiernan 13	4) Wesselhoft, Taylor 13
5 1-5 Meadowbrook Makos	A	NT	2:24.59
1) Olsen, Kevin 14	2) Rouffa, Sean 14	3) Vaccaro, Nicholas 14	4) Curry, Tanner 14
6 1-6 Lake Ridge Lancers Swir	A	NT	2:24.60
1) Young, Cameron 14	2) Donohoe, Ryan 13	3) Deweese, Zachary 14	4) Patsfall, Nathaniel 14
7 1-7 Ben Lomond Flying Duck	A	NT	2:25.01
1) Franklin, Andrew 14	2) Thies, Ryan 13	3) Nadal, LJ 14	4) Brown, Corey 14
8 1-8 Wellington Swim Team	A	NT	2:27.35
1) Crum, Chuck 13	2) Wilson, Patrick 13	3) Whiteree, Alex 13	4) Sorensen, Andrew 14
9 1-9 Virginia Oaks Sea Devils	A	NT	2:27.86
1) Graham, Gavin 13	2) Muckerman, Stan 14	3) Bolton, Chris 14	4) Tate, Jadon 14
10 1-10 Dominion Valley Sharks	A	NT	2:32.51
1) Tran, Casey 14	2) DuPree, Benjamin 13	3) Tyson, Andrew 13	4) Thomas, Alex 14
11 1-11 Piedmont Tsunamis	A	NT	2:37.66
1) Schmidt, William 13	2) Dehn, Matthew 14	3) Shrauder, Alec 14	4) Plott, Drew 13
12 1-12 Ashland Stingrays	A	NT	2:37.90
1) Guzik, John 14	2) Hughes, Jamie 13	3) Rabago, Tommy 14	4) Cattler, Owen 13
13 1-13 Stonewall Park Swim Te	A	NT	2:47.43
1) Dixon, Seth 13	2) Gogev, David 13	3) Springman, Jordan 13	4) Peterson, Tavon 13
14 1-14 Veterans Park Swim Tea	A	NT	3:07.78
1) Weitzel, Mickey 14	2) Luabun, Chutpone Nung 13	3) Leon, George 14	4) Rainey, Joseph 13

Event 7 Girls 13-14 200 SC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Dale City Swim Team	A	NT	2:23.93
1) Gaskill, Kati 14	2) Livingston, Holly 13	3) Jordan, Shelby 14	4) Owens, Shelby 14
2 1-2 Braemar Blasters	A	NT	2:24.49
1) Colligan, Chloe 14	2) Tansill, Amy 14	3) Stevens, Jillian 14	4) Stiehm, Claire 13
3 1-3 Ashland Stingrays	A	NT	2:29.94
1) Fisher, Mackenzie 13	2) Bodmer, Allyson 14	3) Murphy, Moira 14	4) Ross, Madison 13
4 1-4 Wellington Swim Team	A	NT	2:30.12
1) Samsky, Katherine 13	2) Voss, Delaney 14	3) Tabor, Natalie 14	4) Shoeb, Sarah 13
5 1-5 Sudley Swim Team	A	NT	2:31.77
1) Huffman, Meghan 14	2) Nowak, Emma 14	3) Rector, Caroline 13	4) Krzywicki, Hanna 14
6 1-6 Lake Ridge Lancers Swir	A	NT	2:31.89
1) Ranieri, Julia 14	2) Laird, Courtney 13	3) McDonald, Lindsay 13	4) Buller, Kaycee 13
7 1-7 Meadowbrook Makos	A	NT	2:32.64
1) Baumstark, Rebecca 14	2) Kaucher, Devin 13	3) Sargent, Lauren 14	4) Ingram, Shelby 14

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Team	Relay	Seed Time	Finals Time
8 1-8 Victory Lakes Piranhas	A	NT	2:32.69
1) Blakely, Katelyn 14	2) Barker, Brittany 13	3) Hosseini, Mariah 14	4) Hosseini, Emily 14
9 1-9 Piedmont Tsunamis	A	NT	2:36.60
1) Revilak, Sofia 13	2) Smith, Kristin 13	3) Chapman, Ashley 13	4) Segura, Maria 14
10 1-10 Ben Lomond Flying Duc	A	NT	2:41.59
1) Hunsicker, Toni 14	2) Blodgett, Mary 14	3) Layne, Amy 14	4) Monzingo, Lauren 13
11 1-11 Dominion Valley Sharks	A	NT	2:48.58
1) Leuenberger, Natalie 13	2) Laycock, Madeline 13	3) Poland, Sabrina 14	4) Troiano, Kayla 13
12 1-12 Stonewall Park Swim Te	A	NT	2:52.90
1) Bell, Maralee 14	2) Skaggs, Amy 14	3) Obannon, Kerry 14	4) Lindsay, Janiecia 13
13 1-13 Virginia Oaks Sea Devil:	A	NT	2:56.36
1) Ross, Kathleen 14	2) Wightman, Morgan 14	3) Rafferty, Madison 14	4) Shellum, Landi 14
14 1-14 Veterans Park Swim Tea	A	NT	2:59.13
1) Erickson, Heather 14	2) Carroll, Delaney 13	3) Shriner, Elena 13	4) Heggenstaller, Kimberly 13

Event 8 Boys 15-18 200 SC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Sudley Swim Team	A	NT	2:03.41
1) Hughes, Michael 18	2) Wittenauer, Chase 18	3) Basinger, David 16	4) Smith, Matthew 17
2 1-2 Piedmont Tsunamis	A	NT	2:04.73
1) Whitticar, Ford 16	2) Chapman, Zachary 15	3) Tremols, Nicholas 18	4) Haupt, Connor 16
3 1-3 Lake Ridge Lancers Swim	A	NT	2:06.82
1) Kem, Thokeina 17	2) Jaeger, Marck 18	3) McDonald, Alex 18	4) Parker, Jonathan 18
4 1-4 Dominion Valley Sharks	A	NT	2:07.13
1) Paquin, Joshua 16	2) Mathis, Nick 17	3) Dooley, Kenta 17	4) Ross, Alexander 17
5 1-5 Ben Lomond Flying Duck	A	NT	2:07.46
1) Hoffman, Nicholas 16	2) Goulet, Zachary 16	3) Crabb, James 17	4) Utt, Daniel 16
6 1-6 Victory Lakes Piranhas	A	NT	2:08.62
1) Blakely, Steven 16	2) Barone, Jacob 17	3) Worrick, Joseph 15	4) Dombroski, Jacob 18
7 1-7 Virginia Oaks Sea Devils	A	NT	2:10.07
1) Rooney, Kevin 18	2) Lee, Kevin 17	3) Lerch, Robert 17	4) Sprague, Matt 18
8 1-8 Stonewall Park Swim Tea	A	NT	2:16.17
1) Teller, William 15	2) Kerber, Sam 15	3) Yeung, Matthew 18	4) Ameen, Thomas 18
9 1-9 Meadowbrook Makos	A	NT	2:16.24
1) Gambarani, Sean 16	2) Koob, Eric 17	3) Heil, Philip 17	4) Heckman, Trevor 16
10 1-10 Wellington Swim Team	A	NT	2:17.29
1) Fadeyev, Ivan 15	2) Mustafa, Ameen 17	3) Hayes, Dylan 18	4) Poplawski, Seth 15
11 1-11 Ashland Stingrays	A	NT	2:17.53
1) Guzik, Ryan 17	2) Swanson, Patrick 16	3) Hughes, Ryan 16	4) Raley, Vaughn 16
12 1-12 Braemar Blasters	A	NT	2:20.05
1) Cumberland, Benjamin 16	2) Choi, Min 18	3) Kania, Nathan 17	4) Brant, Elliot 15
13 1-13 Veterans Park Swim Tea	A	NT	2:24.84
1) Lourenzo, Matthew 16	2) Schwalm, Connor 18	3) Fotheringham, Aaron 15	4) Lourenzo, Christopher 17
14 1-14 Dale City Swim Team	A	NT	2:27.28
1) Iturri, Juan 17	2) Troncoso, Pablo 15	3) Arana, Cesar 17	4) Foster, Connor 17

Event 9 Girls 15-18 200 SC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Wellington Swim Team	A	NT	2:18.43
1) Pettigrew, Lexi 18	2) Souther, Christine 15	3) Lesniewski, Susie 18	4) Poplawski, Danielle 17
2 1-2 Dale City Swim Team	A	NT	2:22.44
1) Hood, Taylor 15	2) Harper, Shannon 15	3) Claybrooks, Carolyn 18	4) Hummer, Lily 16

PWSL 2010 Week4 - 7/10/2010**PWSL 2010 Week4****Results - Session 1****(Event 9 Girls 15-18 200 SC Meter Medley Relay)**

Team	Relay	Seed Time	Finals Time
3 1-3 Lake Ridge Lancers Swir	A	NT	2:24.18
1) Mazzoccoli, Christianna 16	2) Young, Carmen 17	3) Woessner, Leslie 15	4) Donohoe, Lauren 16
4 1-4 Sudley Swim Team	A	NT	2:25.17
1) Miller, Sara 17	2) Notarantonio, Allison 15	3) Schinnerer, Brandi 18	4) Boyle, Erica 17
5 1-5 Piedmont Tsunamis	A	NT	2:27.04
1) Dehn, Jessica 16	2) Wiggins, Monica 17	3) Tremols, Nina 15	4) Zell, Casey 18
6 1-6 Victory Lakes Piranhas	A	NT	2:28.50
1) VanBuskirk, Carrie 16	2) Pfannenstien, Alyssa 16	3) Bobenmoyer, Aundrea 16	4) VanBuskirk, Erin 18
7 1-7 Ashland Stingrays	A	NT	2:29.58
1) Leong, Samantha 15	2) Moore, Julia 16	3) Murphy, Briana 17	4) Ross, Halley 15
8 1-8 Braemar Blasters	A	NT	2:30.02
1) Tansill, Kara 16	2) LeGrand, Kinsey 15	3) Robertson, Abigail 16	4) Romine, Hannah 15
9 1-9 Stonewall Park Swim Tea	A	NT	2:31.02
1) Haynes, Nicole 17	2) Hazen, Catherine 16	3) Clark, Michelle 17	4) Teller, Grace 18
10 1-10 Dominion Valley Sharks	A	NT	2:37.44
1) Mugnolo, Lydia 15	2) Beich, Allison 16	3) Kamalanathan, Kashne 16	4) Field, Ellen 15
11 1-11 Meadowbrook Makos	A	NT	2:40.41
1) Sterling, Lindsay 15	2) Gehr, Kelsey 17	3) Lund, Rachel 18	4) Rouffa, Alycia 16
12 1-12 Ben Lomond Flying Duc	A	NT	2:41.97
1) Layne, Jessica 18	2) Moya, Heather 18	3) Bennett, Lucy 15	4) Bhat, Rucha 15
13 1-13 Veterans Park Swim Tea	A	NT	2:42.93
1) Bellinger, Rebecca 16	2) Hoffman, Colleen 15	3) Erickson, Melanie 17	4) Heggstaller, Julia 15
14 1-14 Virginia Oaks Sea Devil:	A	NT	2:52.56
1) Brady, Jenna 17	2) Rabdau, Cameron 15	3) Anderson, Kylie 15	4) McLaughlin, Abby 16

Event 58 Boys 8 & Under 100 SC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Dominion Valley Sharks	A	NT	1:23.56
1) Deuser, Jack 8	2) Cooke, Jacob 7	3) Laycock, Michael 8	4) Maraska, Joseph 8
2 1-2 Ashland Stingrays	A	NT	1:23.82
1) Koehler, Jackson 8	2) Clatterbuck, Ryan 8	3) Reed, Evan 7	4) Diaz, Thomas 8
3 1-3 Lake Ridge Lancers Swir	A	NT	1:24.75
1) Clark, Christopher 7	2) Early, Drew 8	3) Schaefer, Michael 8	4) Mazzoccoli, Joe 8
4 1-4 Braemar Blasters	A	NT	1:27.79
1) Maranto, Nicholas 7	2) Colligan, Brendan 8	3) Spencer, Ian 7	4) Gannon, Connor 7
5 1-5 Sudley Swim Team	A	NT	1:29.29
1) Reilly, Clay 8	2) Barvick, Billy 8	3) Fowler, Jake 6	4) Fritsch, Grayson 8
6 1-6 Victory Lakes Piranhas	A	NT	1:30.25
1) Goldrich, Marcus 7	2) Horn, Matthew 8	3) Annibell, Joseph 8	4) McCuller, Corum 8
7 1-7 Piedmont Tsunamis	A	NT	1:39.18
1) Ceol, Christian 8	2) Colavita, Nicholas 8	3) Porter, Tate 7	4) Baird, Jackson 7
8 1-8 Wellington Swim Team	A	NT	1:46.02
1) Pettigrew, Colby 8	2) Salazar, Zachary 7	3) Scott, Dylan 8	4) Massey, Hugh 7
9 1-9 Virginia Oaks Sea Devils	A	NT	1:49.22
1) Capannelli, Nicholas 8	2) Hamer, Alexander 6	3) Stefonsky, Blake 6	4) Burdette, Cade 8
10 1-10 Veterans Park Swim Tea	A	NT	1:49.47
1) McMurtrey, Connor 8	2) Hamm, Timothy 8	3) Evans, AJ 8	4) Soderquist, Glen 8
11 1-11 Dale City Swim Team	A	NT	1:51.76
1) May, Joshua 7	2) Hopper, Jonathon 8	3) Hood, Ryan 8	4) Long, Corey 8
12 1-12 Meadowbrook Makos	A	NT	2:25.06
1) Meltzer, Zachary 6	2) Smith, Joshua 6	3) Sutton, Reid 7	4) Healey, Andrew 7
13 1-13 Stonewall Park Swim Tea	A	NT	3:24.74
1) Dunlop, Grant 7	2) Dunlop, Tristan 8	3) Wence, Brayden 5	4) Zlatev, Victor 6

PWSL 2010 Week4 - 7/10/2010**PWSL 2010 Week4****Results - Session 1****Event 59 Girls 8 & Under 100 SC Meter Freestyle Relay**

Team	Relay	Seed Time	Finals Time
1 1-1 Victory Lakes Piranhas	A	NT	1:25.40
1) Roebuck, Isabella 8	2) Shinaishin, Leila 7	3) Banachoski, Emmary 8	4) Yowell, Sarah 8
2 1-2 Braemar Blasters	A	NT	1:26.12
1) Santee, Olivia 8	2) Adrian, Alexandra 8	3) Bianchi, Sophia 8	4) Davisson, Erin 8
3 1-3 Dominion Valley Sharks	A	NT	1:27.19
1) Kraemer, Amanda 8	2) Frilles, Carleigh 8	3) Daunt, Jenna 8	4) Donohoe, Ashley 8
4 1-4 Dale City Swim Team	A	NT	1:29.92
1) Forshay, Alana 7	2) Creedon, Courtney 8	3) Cordova, Jailine 8	4) May, Julia 8
5 1-5 Piedmont Tsunamis	A	NT	1:34.06
1) Schweizer, Gianna 8	2) Chapman, Megan 8	3) Yates, Ella 7	4) Brandt, Lindsay 8
6 1-6 Virginia Oaks Sea Devils	A	NT	1:34.18
1) Rafferty, Peyton 8	2) Sagle, Mikayla 8	3) Carroll, Jacqui 8	4) Duncan, Cassidy 7
7 1-7 Meadowbrook Makos	A	NT	1:47.11
1) Beckett, Jade 8	2) Meltzer, Rachel 8	3) Brenner, Emily 8	4) Cudahy, Aidan-Claire 8
8 1-8 Sudley Swim Team	A	NT	1:50.46
1) Carter, Josie 8	2) Hickman, Gabriella 8	3) Miller, Katy 8	4) Griffin, Caroline 8
9 1-9 Veterans Park Swim Team	A	NT	1:53.84
1) Harper, Britney 7	2) Schneider, Caroline 7	3) Zentner, Maggie 8	4) Ningcharoen, Katie 7
10 1-10 Wellington Swim Team	A	NT	1:59.63
1) Kauffman, Ashton 8	2) Hatton, Hannah 8	3) Bland, Ellie 8	4) Krebs, Hannah 8
11 1-11 Lake Ridge Lancers Swim	A	NT	2:01.25
1) Yates, Tessa 8	2) Gonzales, Kate 7	3) McKay, Kaitlyn 8	4) Gibson, Reagan 7
12 1-12 Stonewall Park Swim Team	A	NT	2:09.47
1) Huynh, Nikki 7	2) Natour, Tala 8	3) Skaggs, Laura 8	4) Powell, IvyLynn 8
13 1-13 Ben Lomond Flying Ducks	A	NT	2:18.50
1) Wilson, Rachel 7	2) Gardunia, Morgan 7	3) Jimenez, Natalie 8	4) Vazquez, Brigitte 8

Event 60 Boys 9-10 100 SC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Piedmont Tsunamis	A	NT	1:08.29
1) Finan, Garrett 10	2) Baird, Tristan 9	3) Porter, Ethan 10	4) Yates, Grant 10
2 1-2 Lake Ridge Lancers Swim	A	NT	1:08.34
1) Shepard, Corey 10	2) Zambrano, Tristan 10	3) Misencik, Tyler 9	4) DeLeoz, Joshua 10
3 1-3 Victory Lakes Piranhas	A	NT	1:09.90
1) Savalgi, Rohit 9	2) Wittlinger, Dominic 10	3) Mahoney, Colin 9	4) Vickery, Joshua 10
4 1-4 Sudley Swim Team	A	NT	1:09.98
1) Butler, Steven 9	2) Barrett, Max 10	3) Smith, Cameron 10	4) Harnish, Brian 10
5 1-5 Meadowbrook Makos	A	NT	1:12.00
1) Bellamy, Clayton 10	2) Peterson, Ronald 10	3) Baumstark, Jimmy 10	4) Derderian, Max 10
6 1-6 Braemar Blasters	A	NT	1:14.09
1) Lyman, Matthew 10	2) Bacon, Austin 10	3) Gregory, Justin 10	4) Lyman, Andrew 10
7 1-7 Wellington Swim Team	A	NT	1:15.56
1) Shoeb, Ryan 10	2) Briggs, Nicholas 10	3) Lackas, Adam 9	4) O'Brien, John 9
8 1-8 Virginia Oaks Sea Devils	A	NT	1:16.00
1) Wong, Daniel 9	2) Schafer, David 10	3) Corrado, Biaggio 9	4) Kugler, Ryan 10
9 1-9 Ben Lomond Flying Ducks	A	NT	1:16.91
1) Bowman, Collin 10	2) Moya, Nathan 10	3) Peters, Jonathan 10	4) Thies, Evan 9
10 1-10 Dominion Valley Sharks	A	NT	1:16.98
1) Hetzer, Conner 10	2) Scheidt, Nathan 10	3) Mason, Jonathan 9	4) Maraska, Andrew 10
11 1-11 Ashland Stingrays	A	NT	1:17.02
1) Frigo, Andrew 10	2) Koehler, Austin 9	3) Kurucz, Laszlo 9	4) Tsakounis, Zach 10

PWSL 2010 Week4 - 7/10/2010**PWSL 2010 Week4****Results - Session 1****(Event 60 Boys 9-10 100 SC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
12 1-12 Dale City Swim Team	A	NT	1:17.98
1) Medellin, Brandon 10	2) Kirnos, Aaron 10	3) Downey, Thomas 10	4) Valda, Joaquin 10
13 1-13 Stonewall Park Swim Te	A	NT	1:23.31
1) Lindsay, Michael 9	2) Phipps, Nathan 9	3) Byrom, Robert 10	4) Schultz, Robert 10
14 1-14 Veterans Park Swim Tea	A	NT	1:27.82
1) Moore, Justin 10	2) Hill, Derick 9	3) Cruz, Eric 10	4) Horton, Tre 9

Event 61 Girls 9-10 100 SC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Sudley Swim Team	A	NT	1:09.78
1) Kurst, Molly 9	2) Cornwell, Devyn 10	3) Caracciolo, Mia 10	4) Sherrill, Melanie 10
2 1-2 Dominion Valley Sharks	A	NT	1:09.96
1) Fricke, Grace 10	2) Hetzer, Emily 10	3) Lawless, Megan 10	4) Nash, Savannah 9
3 1-3 Victory Lakes Piranhas	A	NT	1:11.74
1) Banachoski, Chloe 10	2) Souther, Michelle 10	3) Moore, Caitlyn 9	4) Welch, Taylor 10
4 1-4 Braemar Blasters	A	NT	1:13.08
1) Dunaway, Cicely 10	2) Wied, Rebekah 10	3) Maranto, Molly 10	4) Roloff, Megan 9
5 1-5 Wellington Swim Team	A	NT	1:13.26
1) Shoeb, Elaine 10	2) Russo, Rachel 10	3) May, Keona 9	4) Quinn, Erin 9
6 1-6 Piedmont Tsunamis	A	NT	1:14.01
1) Elliott, Sara 10	2) Whitaker, Elle 9	3) Blondin, Lexi 10	4) Pak, Sarah 10
7 1-7 Meadowbrook Makos	A	NT	1:15.00
1) Healey, Elizabeth 10	2) Vaccaro, Julia 9	3) Townsend, Samantha 9	4) Sterling, Emily 10
8 1-8 Dale City Swim Team	A	NT	1:15.36
1) Harper, Kaylee 9	2) Stevenson, Marissa 10	3) Czajkowski, Sydney 10	4) Corbus, Hannah 9
9 1-9 Lake Ridge Lancers Swim	A	NT	1:18.72
1) Sheehy, Grace 9	2) Rackham, Sarah 10	3) Ross, Emilie 10	4) Nicolai, Grace 10
10 1-10 Virginia Oaks Sea Devil:	A	NT	1:19.51
1) Daves, Megan 10	2) Oghagbon, Isiuwa 10	3) Tate, Sarah 10	4) Candland, Lauren 10
11 1-11 Ashland Stingrays	A	NT	1:21.13
1) Randolph, Hanna 10	2) Klingaman, Emily 10	3) McClincey, Cameron 10	4) Christie, Lexi 9
12 1-12 Veterans Park Swim Tea	A	NT	1:24.71
1) Carroll, Keagan 9	2) Moore, Kayla 9	3) Oryang, Faith 9	4) Freeze, Amy 10
13 1-13 Ben Lomond Flying Duc	A	NT	1:26.66
1) Francis, Riona 10	2) Deshpande, Saloni 10	3) McKinney, Holly 9	4) Sanchez, Ariadna 10
14 1-14 Stonewall Park Swim Te	A	NT	1:36.79
1) Hallahan, Chloe 9	2) Natour, Juliana 10	3) Dixon, Katie 10	4) Wickstrom, Kylie Ann 10

Event 62 Boys 11-12 100 SC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Sudley Swim Team	A	NT	1:02.21
1) Sherrill, Bobby 11	2) McCoy, Bradley 12	3) Notarantonio, Anthony 12	4) Pomajevich, Sam 11
2 1-2 Dominion Valley Sharks	A	NT	1:02.27
1) Buggy, John 12	2) Steenson, M 12	3) Hoagland, Brandon 11	4) Johnston, Cole 12
3 1-3 Meadowbrook Makos	A	NT	1:02.69
1) Herbert, Hunter 12	2) Bennett, David 12	3) Cudahy, Brock 12	4) Healey, Matthew 12
4 1-4 Lake Ridge Lancers Swim	A	NT	1:03.75
1) Rackham, Dallin 12	2) Waldman, Aaron 12	3) Mazzoccoli, Philip 11	4) Messier, Adam 11
5 1-5 Braemar Blasters	A	NT	1:04.81
1) Morrill, Coulter 12	2) Keith, Ryan 11	3) Hoggan, Alexander 12	4) Murphy, Brendan 11
6 1-6 Piedmont Tsunamis	A	NT	1:05.79
1) Brandt, Evan 11	2) Finan, Austin 12	3) Pak, Alan 12	4) Goerl, Brett 12

PWSL 2010 Week4 - 7/10/2010**PWSL 2010 Week4****Results - Session 1****(Event 62 Boys 11-12 100 SC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
7 1-7 Wellington Swim Team	A	NT	1:06.26
1) Russo, Benjamin 11	2) Sorensen, Sean 11	3) Marron, Paul 11	4) Whiteree, Wes 11
8 1-8 Victory Lakes Piranhas	A	NT	1:09.08
1) Osinski, Eric 12	2) Warcholik, Jacob 12	3) Prosser, Connor 11	4) Neal, AJ 11
9 1-9 Ashland Stingrays	A	NT	1:09.62
1) Frigo, Aaron 12	2) Leong, Brendan 11	3) Crawley, Collin 11	4) Taylor, Jake 12
10 1-10 Virginia Oaks Sea Devils	A	NT	1:12.04
1) Rabdau, Dylan 12	2) Daves, Justin 12	3) Milnes, Zachary 11	4) Ross, AJ 11
11 1-11 Dale City Swim Team	A	NT	1:12.26
1) Cheripka, Michael 11	2) Mullins, Matthew 12	3) Valda, Sebastian 12	4) Mullins, Connor 12
12 1-12 Stonewall Park Swim Team	A	NT	1:13.40
1) Dixon, Michael 11	2) Byrom, Christopher 12	3) Springman, Matthew 12	4) Zlatev, Daniel 12
13 1-13 Ben Lomond Flying Dutchmen	A	NT	1:13.54
1) Thies, Jason 12	2) Sutherland, Spencer 11	3) Nadal, Miguel 12	4) Holzapfel, Zakery 12
14 1-14 Veterans Park Swim Team	A	NT	1:14.82
1) Hoffman, Brett 11	2) Bellinger, Ryan 12	3) Ningcharoen, Ken 11	4) Jeffrey, Sammy 12

Event 63 Girls 11-12 100 SC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Victory Lakes Piranhas	A	NT	1:00.72
1) McCarty, Maggie 11	2) Finley, Merilynn 11	3) Nitowski, Olivia 11	4) Wiecki, Lindsay 11
2 1-2 Dominion Valley Sharks	A	NT	1:01.70
1) Mugnolo, Morgan 12	2) Hayward, Marli 12	3) Hayward, Reilly 12	4) Word, Maddie 12
3 1-3 Piedmont Tsunamis	A	NT	1:01.78
1) Schwartz, Audrey 12	2) Hackler, Caroline 12	3) Ceol, Jillian 12	4) Tillotson, Katie 12
4 1-4 Ashland Stingrays	A	NT	1:02.52
1) Applegate, Georgia 12	2) Clatterbuck, Amber 12	3) Fisher, Hannah 11	4) Murphy, Siobhan 12
5 1-5 Braemar Blasters	A	NT	1:02.56
1) Tansill, Mary Claire 12	2) Romine, Paige 11	3) Bianchi, Kayla 11	4) Brant, Madeleine 11
6 1-6 Dale City Swim Team	A	NT	1:02.60
1) Kuykendall, Maysa 12	2) Hayden, Alicia-Marie 11	3) Kirnos, Amanda 12	4) Nordberg, Emily 12
7 1-7 Sudley Swim Team	A	NT	1:03.28
1) Kurst, Morgan 12	2) Knowles, Bridget 11	3) Rector, Kimberly 11	4) Fritsch, Jillian 11
8 1-8 Lake Ridge Lancers Swimmers	A	NT	1:03.72
1) Vogel, Elisabeth 12	2) Clark, Alexis 11	3) Ross, Abby 12	4) DePetro, Kaleigh 12
9 1-9 Virginia Oaks Sea Devils	A	NT	1:06.81
1) Bolton, Alexa 12	2) Muckerman, Claire 12	3) Kugler, Alexandra 12	4) Wong, Natalie 11
10 1-10 Wellington Swim Team	A	NT	1:06.98
1) Shriver, Rachel 12	2) Massey, MaryBeth 11	3) Jones, Jessie 11	4) Boston, Allison 12
11 1-11 Meadowbrook Makos	A	NT	1:10.36
1) Garman, Megan 11	2) Lowman, Rachel 12	3) Tolson, Taylor 11	4) Curry, Riley 11
12 1-12 Stonewall Park Swim Team	A	NT	1:14.81
1) Bigley, Caroline 11	2) Ayers, Amanda 12	3) Williams, Emily 11	4) Dixon, Emily 12
13 1-13 Ben Lomond Flying Dutchmen	A	NT	1:20.66
1) Young, April 12	2) Ramirez, Cerrina 11	3) Ghodgaonkar, Isha 11	4) Rojas, Nathalie 11
14 1-14 Veterans Park Swim Team	A	NT	1:24.55
1) Regazzi, Georgina 12	2) Stockett, Ruth 11	3) Tellier, Rebecca 12	4) Wangner, Samantha 12

Event 64 Boys 13-14 200 SC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Braemar Blasters	A	NT	1:57.62
1) Maranto, Samuel 14	2) Cumberland, Luke 13	3) George, Nathaniel 14	4) Scott, Thomas 14

PWSL 2010 Week4 - 7/10/2010**PWSL 2010 Week4****Results - Session 1****(Event 64 Boys 13-14 200 SC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
2 1-2 Victory Lakes Piranhas 1) Pfannenstein, Jeffrey 13	A 2) Thompson, Ryan 14	NT 3) Lutz, Joshua 14	2:00.56 4) Smith, Jamie 14
3 1-3 Sudley Swim Team 1) Poague, Kenny 13	A 2) Bergeron, Connor 13	NT 3) Primeau, Scott 14	2:00.93 4) Campbell, Henry 13
4 1-4 Dale City Swim Team 1) Jordan, Kiernan 13	A 2) Barbery, Brandon 13	NT 3) Czajkowski, Jack 14	2:02.43 4) Kuykendall, Shaka 14
5 1-5 Meadowbrook Makos 1) Vaccaro, Nicholas 14	A 2) Curry, Tanner 14	NT 3) Rouffa, Sean 14	2:05.01 4) Olsen, Kevin 14
6 1-6 Lake Ridge Lancers Swim 1) Patsfall, Nathaniel 14	A 2) Deweese, Zachary 14	NT 3) Donohoe, Ryan 13	2:06.15 4) Young, Cameron 14
7 1-7 Wellington Swim Team 1) Sorensen, Andrew 14	A 2) Crum, Chuck 13	NT 3) Wilson, Patrick 13	2:07.46 4) Whiteree, Alex 13
8 1-8 Dominion Valley Sharks 1) Tyson, Andrew 13	A 2) Tran, Casey 14	NT 3) DuPree, Benjamin 13	2:07.90 4) Thomas, Alex 14
9 1-9 Piedmont Tsunamis 1) Dehn, Matthew 14	A 2) Shrauder, Alec 14	NT 3) Pak, Eugene 14	2:11.06 4) Plott, Drew 13
10 1-10 Virginia Oaks Sea Devil: 1) Bolton, Chris 14	A 2) Muckerman, Stan 14	NT 3) Tate, Jadon 14	2:18.40 4) Frederick, Alexander 13
11 1-11 Ashland Stingrays 1) Hughes, Jamie 13	A 2) Cattler, Owen 13	NT 3) Shelby, Brett 13	2:25.19 4) Guzik, John 14
12 1-12 Stonewall Park Swim Te 1) Peterson, Tavon 13	A 2) Gogev, David 13	NT 3) Springman, Jordan 13	2:25.97 4) Dixon, Seth 13
13 1-13 Veterans Park Swim Tea 1) Rainey, Joseph 13	A 2) Luabun, Chutpone Nung 13	NT 3) Leon, George 14	2:29.01 4) Weitzel, Mickey 14

Event 65 Girls 13-14 200 SC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Dale City Swim Team 1) Owens, Shelby 14	A 2) Nordberg, Molly 14	NT 3) Gaskill, Kati 14	2:06.59 4) Jordan, Shelby 14
2 1-2 Braemar Blasters 1) Stevens, Jillian 14	A 2) Stiehm, Claire 13	NT 3) Tansill, Amy 14	2:07.02 4) Colligan, Chloe 14
3 1-3 Wellington Swim Team 1) Voss, Delaney 14	A 2) Samsky, Katherine 13	NT 3) Shoeb, Sarah 13	2:08.00 4) Tabor, Natalie 14
4 1-4 Victory Lakes Piranhas 1) Blakely, Katelyn 14	A 2) Hosseini, Emily 14	NT 3) Blackstone, Shannon 13	2:09.05 4) Hosseini, Mariah 14
5 1-5 Ashland Stingrays 1) Ross, Madison 13	A 2) Murphy, Moira 14	NT 3) Fuller, Madison 13	2:12.42 4) Bodmer, Allyson 14
6 1-6 Piedmont Tsunamis 1) Chapman, Ashley 13	A 2) Segura, Maria 14	NT 3) Smith, Kristin 13	2:12.78 4) Revilak, Sofia 13
7 1-7 Lake Ridge Lancers Swim 1) Ranieri, Julia 14	A 2) McDonald, Lindsay 13	NT 3) Buller, Kaycee 13	2:14.00 4) Laird, Courtney 13
8 1-8 Sudley Swim Team 1) Krzywicki, Hanna 14	A 2) Huffman, Meghan 14	NT 3) Rector, Caroline 13	2:14.03 4) Nowak, Emma 14
9 1-9 Meadowbrook Makos 1) Baumstark, Rebecca 14	A 2) Loper, Claire 13	NT 3) Ingram, Shelby 14	2:14.72 4) Sargent, Lauren 14
10 1-10 Dominion Valley Sharks 1) Troiano, Kayla 13	A 2) Turnbull, Kelly 14	NT 3) Huscilowitc, Victoria 14	2:19.33 4) Poland, Sabrina 14
11 1-11 Virginia Oaks Sea Devil: 1) Shellum, Landi 14	A 2) Ramirez, Ariana 13	NT 3) Lerch, Katerina 13	2:24.22 4) Jamison, Jill 14
12 1-12 Stonewall Park Swim Te 1) Lindsay, Janiecia 13	A 2) Bell, Maralee 14	NT 3) Skaggs, Amy 14	2:30.68 4) Obannon, Kerry 14
13 1-13 Ben Lomond Flying Duc 1) Holland, Andrea 14	A 2) Hunsicker, Toni 14	NT 3) Blodgett, Mary 14	2:31.84 4) Monzingo, Lauren 13

PWSL 2010 Week4 - 7/10/2010**PWSL 2010 Week4****Results - Session 1****(Event 65 Girls 13-14 200 SC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
14 1-14 Veterans Park Swim Tea	A	NT	2:35.13
1) Heggenstaller, Kimberly 13 2) Shriner, Elena 13		3) Erickson, Heather 14	4) Carroll, Delaney 13